

SUPERINTENDENT'S REPORT
Reporting to Public Session on Tuesday, January 26, 2021

1. Quest for Rest

Quest for Rest and the ZZZPower Program is a children's book and accompanying sleep literacy program geared to supporting young children with their mental health and sleep. The goal of this program is to help children benefit from the positive effects of healthy sleep as sleep helps children in their emotional, physical and mental development. This program focusses on teaching about the importance of sleep as a pillar of mental health as well as providing opportunities for families to engage in dialogue about mental health.

The ZZZPower Program is all about fun and child-friendly solutions for healthy sleep. Created locally, the goal is to help children learn to rest so that they can be and feel their best. Involved in the project to date include participating students and families at Stoney Creek Community School as well as Aubrey, Marlborough, and Montecito Elementary Schools.

Tonight, Nick Christofides, District Vice-Principal, Safe and Caring Schools, will share some of the important lessons from this project. He will be joined by a team from Montecito Elementary School – Fonda Papathanisiou, Principal, Amy Chin, Kindergarten/Grade 1 teacher, and students Linden and Kiara Louie, in kindergarten and grade 1 respectively who, with their mother Anicia, will share their experience with the program.

Recommendation: THAT the Board of Education receive this information.

2. Framework for Enhancing Student Learning

School districts across the province are required to develop a long-term plan to improve student achievement. The Framework for Enhancing Student Learning (FESL) is designed to focus on system-wide continuous improvement, enhancing student outcomes and life chances for every student in BC. With a particular emphasis on Indigenous students, children and youth in care and students with disabilities or diverse abilities, schools and districts are required to have multi-year plans, submitted to the Ministry of Education on an annual basis.

This evening, Wanda Mitchell, Assistant Superintendent, will provide an overview of the Framework for Enhancing Student Learning and share some district work to date. The Burnaby Board of Education's Strategic Plan, the District's Framework for Enhancing Student Learning, and school plans share a commitment to student success and continuous improvement.

Recommendation: THAT the Board of Education receive this information.