

HOW TO WEAR A CLOTH FACE MASK

PUTTING ON YOUR MASK



- 1 Wash or sanitize your hands before touching your mask
- 2 Put the loops around your ears
- 3 Cover your mouth and nose so there are no gaps, fitting the mask under your chin

REMOVING YOUR MASK



- 1 Wash or sanitize your hands
- 2 Do not touch the front of your mask, lean forward and gently remove it by the loops
- 3 Wash or sanitize your hands