

# at Work

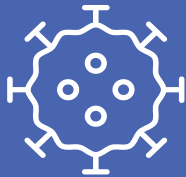
## SOCIAL DISTANCING



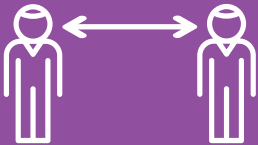
Use technology. Email, phone, or video conference.



Limit group work, avoid gatherings, and cancel or postpone nonessential meetings.



Stay home if you are ill, have recently travelled, or simply have symptoms.



Keep your distance 2 metres (6 feet) from others.



Bring lunch, eat at your desk or away from others.



Avoid public transportation during peak hours. Walk, cycle, or drive if possible.

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