

SUPERINTENDENT'S REPORT
Reporting to Public Session Tuesday, March 13, 2012

1. “Body Worlds and the Brain” in Burnaby

Many students who arrive in Canada as immigrants and refugees, have experienced extreme stress and, in some cases, trauma, prior to their arrival in Burnaby schools. In an effort to address the needs of these students, members of the district's Settlement Services and Youth Services teams have collaborated with Dr. Sarina Kot, a trauma specialist from Children's Hospital, to design a program to assist students who are dealing with trauma and extreme stress. Dr. Kot has worked with students, both individually and in groups, and is assisting the district in the understanding of trauma and how to best provide support.

This evening Ruby Chan, Cultural Transitions Coordinator, Dr. Sarina Kot, psychologist, Children's Hospital, and Peter Van den Hoogen, Youth Services Coordinator, Student Intervention, will explain the components of the program including the mind-body connection, self-regulation, how to talk about fears and the power of relationships.

Recommendation: THAT the Board receive this information.