



Level: [Grade] K – 7

Indigenous ways of being:

Learn the significance of the Powwow to Indigenous communities



Goals/Objectives:

- Students and their families will understand how dance, as part of Indigenous Oral traditions, supports the wellbeing of Indigenous communities.
- Over 4 sessions, students will observe and listen to the dancers explain the personal connection to Indigenous ways of being
- Students will develop a deeper understanding of the connection to the Medicine Wheel

Materials Needed:

- Blank paper, pencil, coloring pencils
- Laptop or ipad to access video, internet access

Task Instructions: (Step by Step)

- Prepare for the session: you will need paper, pencils and coloring pencils.
 1. Think about what you might already KNOW about powwow
- Copy and Paste this link into your browser https://youtu.be/VPjYdfA_tLU
(Native American Dance and Regalia)
- Watch the video
- When finished the video:
 2. Think about what you have LEARNED about powwow dancing and dancers
 3. Think about what you want to know more about, for example:
I WONDER where the Jingles dancers get their Jingles from?
- Best and last step: try one or all of the dance steps. Students can watch the video a few times to see a step they would like to try

Adaptations/Adjustments: (consider different environments)

Grade K/3 - Think about what you remember from the video. How did the video make you feel? What was one thing you enjoyed most about the video. Draw pictures about what you saw, using colors that match how you felt watching the video.

Grades 4 - 7 – Think about what you remember from the video. How did the video make you feel? How did powwow dancing make the dancers feel? Student can complete their KWL chart.



Extensions (Optional):

Students can have their parents try the dance steps with them.

Students can talk with parents, grandparents about the meaning or role of dance in their traditional communities.

For more basic powwow dancing learning and exercise See the POWWOW SWEAT videos.

Example of KWL Chart:

Know	Wonder	Learned
Write or draw things you know about Pow wow dancing	After watching video what do you wonder?	What have you learned after trying the dances?